



Akuzawa sensei's seminars will take place from April 26<sup>th</sup> to 26<sup>th</sup> for the **Open Seminar** in Paris, 28<sup>th</sup> April (start 28<sup>th</sup> at 9am) to 01<sup>st</sup> May 2026 for the **Intensive Seminar** and 02<sup>nd</sup> to 03<sup>th</sup> for the **Black belt Seminar** (both in Ardeche).

Concerning the **Intensive seminar**, the hosting place is called 'Le Moulin d'Ozon', (<https://www.moulindozon.com>) in Ardèche (south of France), close to Aubenas.

You may arrive on Monday evening, before dinner in order to be ready without any rush for Tuesday morning.

## ABOUT INTENSIVE SEMINAR

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Seminar will include **5 hours of teaching** from Akuzawa sensei and 1 additional hour supervised by his certified instructors. We intend to offer you a seminar as intensive as possible so you can fully benefit from your journey.

### - In the Morning – from 9am to 12:30pm

*1 hour warm up/tanrens review, overseen by one or several instructors*  
2,5 hours of Akuzawa sensei's teaching.

### - In the Afternoon from 2.30pm to 5pm

2,5 hours of Akuzawa sensei's teaching.  
*1 additional hour on demand on various topics, explanations of teachings and movement. One or several instructors will be there to answer your questions and share.*

Teaching fee for this seminar includes 5 hours of sensei's teaching and free access to a 200m<sup>2</sup> dojo.

## LOCATION AND ACCESS

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'Le Moulin d'Ozon' is located 5km from Aubenas. We can come and pick you up at the station if you come by train (please let us know).

## EQUIPEMENT

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Please bring your white ***keikogi*** if you have one, otherwise a **soft outfit** and an **outdoor one** you can practice and roll on the natural ground whatever weather can be.

We usually practice with 1,8m staff (***rokushaku bo***). If you have one, please bring it, otherwise we will provide one.

If you have protection gloves, guards and pads you can bring them, both for seminar and extra practice times.

Please bring your **swimming suit** (a swimming pool will be available).

## HOSTING AND MEALS

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Le Moulin d'Ozon supplies different kind of rooms, from **single** to 3 to 4 persons **dormitories**, camping tents and vans.

Here is the link for your application and booking.

<https://forms.gle/w3StP5ocCgnNXdYC6>

## SUBSCRIPTION

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In order to ease management and logistics, please send us your subscription form and complete your booking (with Moulin d'Ozon) before **2026 March, the 1st.**

Please join a medical certificate allowing to 'practice martial arts' less than 3 years old.

Payments will be made in Japanese Yens and in cash (advanced payments will be send in euros)

- **Advanced payments in EUROS send with the subscription document filed (cf RIB joined)**  
(for intensive seminar = 140€)
- **Intensive seminar teaching fees : 48.000 Yens**

## LAST

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So far, intensive seminars are known for being friendly and enthusiastic training and sharing times. Thank you for being careful to respect people and places hosting us.

**If hosting in *Le Moulin d'Ozon* is an issue for you, please contact us.**

Enjoy your stay with us !

## CONTACTS

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For any question or detail please join us:

Jean-Philippe                    (+33) 7 61 16 08 52  
Mélanie                        (+33) 6 74 99 60 79

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Facebook : Aunkai France Officiel

Instagram @aunkai.france

# AKUZAWA Minoru Sensei SEMINAR April-Mai 2026

## REGISTRATION FORM

NAME :

FIRST NAME :

DATE OF BIRTH :

COUNTRY :

ADDRESS :

PHONE NUMBER :

E-MAIL :

TRANSPORTATION : Car Train

ARRIVAL TIME AND PLACE :

SHIFT NEEDED FROM STATION : yes no

BILL NEEDED yes no

**TEACHING FEES (to complete when arriving) and advanced payments to send with the registration form using bank transfer**

Intensive seminar	4 days	<input type="checkbox"/> 48000 Yen	Advanced payment	<input type="checkbox"/> 140€
Kuro Obi	2 days	<input type="checkbox"/> 24000 Yen	Advanced payment	<input type="checkbox"/> 50€
Free Aunkai Passport	... units			

Please join a medical certificate allowing to 'practice martial arts' less than 3 years old.

- I undersigned authorize organisers to take emergency medical decisions for me during seminar and as I am hosting.
- I authorize *Su-Shiatsu* and *En-Corps* to record and use my image for Aunkai promotion in media and social networks.

Date : ..... 202

Signature

Please send this form to the following address **before March 1st** :

Association En-Corps  
Les Passadoires  
48330 Saint Etienne Vallée Française  
FRANCE

Payment includes **140€ earnest money (50€ for Kuro obi seminar)**, which won't be returned in case of cancelation (for the financial security of the organization).

